

**Gynecological Surgery Instructions**

**Please refrain from unprotected intercourse 3 weeks prior to surgery!**

**On the evening prior to your surgery:**

- Please eat a light dinner
- **Do not eat, drink, or smoke after midnight**
- **Refrain from eating or drinking 8 hours prior to your surgery.**
- You may brush your teeth, but please do not swallow any water.
- Wear casual, loose clothing, and low-heeled shoes. Leave valuables at home.
- **Please remove all metal objects off of your body or hair.** (Example: Body piercing or hair extensions with metal clips). Please be advised: Metal can potentially burn you during a surgical procedure. If any metal is found on your body prior to your surgery then your surgery could be cancelled.
- Bring insurance cards and a list of all your current medications with the quantity consumed of each.
- Notify Dr. Sanghvi of any changes in physical condition, i.e., bad cold, sore throat or high fever.
- It is important to arrange your transportation home. If you are undergoing surgery or have any sedation prior to discharge, an adult **MUST** drive you home. You will be released approximately four hours after your procedure.

**Please see below for surgery locations:**

<b>Miami Valley North:</b> <ul style="list-style-type: none"><li>• 9000 N Main St, Dayton, OH 45415</li><li>• (937) 734-6784</li></ul>	<b>Miami Valley Hospital:</b> <ul style="list-style-type: none"><li>• 1 Wyoming Street, Dayton, OH 45409</li><li>• (937) 208-8000</li></ul>	<b>Kettering Medical Center:</b> <ul style="list-style-type: none"><li>• 3535 Southern Blvs, Dayton, OH 45429</li><li>• (937) 298-4331</li></ul>
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